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Spearfishing Course Level 2

The Level 2 Spearfishing Course is designed for the novice spearo with experience in waters up to 10 metres.

This one day course refines hunting techniques in shallow water and then put in practice in depths up to 20 metres.

You will examine the physiology of the human body to understand the advanced techniques of breath hold and deeper diving.

Prerequisites

- 13 years old
- Fishing License
- have your own spearfishing gear, which we recommend;
 - speargun
 - freediving fins
 - mask
 - snorkle
 - knife
 - gloves
 - hood
 - spares kit
 - wetsuit
 - Float & Float line

Course Includes

- Extended Breath Hold techniques
- Accredited Instructor
- Log book
- T-Shirt



"So much ocean, So little time"

103 Pacific Hwy,
Charlestown NSW 2290
Ph: 02 4942 1412 Fax: 02 4942 3997

info@charlestowndive.com.au